

10/19/2025



Last week:

- We talked about busyness.
- And entering into God's rest.
- Something Israel did not do
- Control your schedule or it will control you!
- God can make you more productive than you know. [Thus, saving time.]
- God can give you wisdom beyond what you are capable.
- When you put Him 1st. When you give Him your time, schedule. Surrender.

You need to be at rest with God (Hebrews 4)

- I. Because of the risk of missing it
- II. By understanding what this Rest is
- III. By recognizing God's help

Come for grace, come for help, come for needs, come for REST!

CONCLUSION:

- A. God's Word (v.12)
- B. Our great high priest – *intercessor* (vs.14-15)
- C. Prayer (v.16)
 - God gives us these, *why*?
 - So you can be at rest!
 - Are you at Rest?

Now, 1 Samuel 16:14-23

Are you at peace? Rest?

- Are you at peace with God?
- Are you at peace with others?
- Is there turmoil in your soul?
- Do you complain all the time?
- Guilt feelings from your past?
- Unresolved issues or problems in your past?
- Do you hate anyone? Ill will feelings?
- Anyone you haven't forgiven?
- Are you harboring hurt, and bitterness?

Are you right (with God), at peace?

Numbers 6:24-27: 24 The Lord bless thee, and keep thee: 25 The Lord make his face shine upon thee, and be gracious unto thee: 26 The Lord lift up his countenance upon thee, and give thee peace. 27 And they shall put my name upon the children of Israel, and I will bless them.

Now here in our story, 1 Samuel 16:14-23

- Here is Saul and David...
- One with the Spirit of God, (v.13)
- One without the Spirit of God. (v.14)
- This led me to a burden...what does this mean for us today?
- Why does God tell us about this?
- Is not God concerned that you have the peace (rest) that passes all understanding?

DO YOU HAVE THE PEACE THAT ONLY THE LORD CAN GIVE?

Let's talk through this passage, to make sure we understand it...

I. The "Spirit of the Lord" defined (vs.14,13,18)

- A. O.T. Coming upon
- B. N.T. Indwelling (Acts 2:38) Peter replied, "Each of you must repent of your sins and turn to God, and be baptized in the name of Jesus Christ for the forgiveness of your sins. Then you will receive the gift of the Holy Spirit.

II. An "evil spirit from the Lord" defined

- A. What is this? (14-15; 23)
Clearly an injurious spirit...
Demonic? Psychotic? Mental illness?

Does God do this today?

Note: the point of this text:

- B. From God?? (Psalm 95:8-11)
- C. Why on Saul? – *his problems from this point on are a result of his refusal to accept God's authority structures, so that God is justified in sending the injurious spirit!* And Saul can't handle it.

III. The power of Music (vs. 16,18b,23)

- A. Its effect [it works as a cure]
- B. Its power – *music is powerful!*
- C. It's your choice! (1 Corinthians 6:12)

IV. David's impact

- A. Just obeying God
 1. David's testimony (v.18)
 2. Not knowing where this is going.
- B. His love for music
- C. His likeability – joyfully served & played! He was there for Saul.

CONCLUSION:

- David is at peace.
- Saul is not!
- Are you?