#### 12/15/2024

#### WORRY IS, MEANS...

- Means to give way to anxiety or unease.
- □ Allowing one's mind to dwell on difficulty or troubles, so as to give way to stressing on those matters.
- □ Most things we worry about never happen, but for the few that do...people [Christians] justify worry.
- □ Worry does not take away tomorrow's troubles, it takes away today's peace.

IN THE BIBLE, WORRY IS...

FROM DR. LARRY THORNTON

- □ Is usually translated "anxiety" or "care"
- $\Box$  The Greek word (μεριμναω, μερισ) root also means "to draw in different directions, to divide, to tear apart."
- □ This describes the effects of worry.
- □ Worry itself is concern over the future.
- □ Worry is concerned about something that one can do nothing about, and that one cannot even be sure about. [Mayo guote]
- □ God provides us with sufficient energy to meet each day's responsibilities.
- □ He holds us responsible for each day on that day.
- □ When we worry, we expend today's energy on tomorrow or yesterday, leaving an insufficient supply for today.
- □ It is not wrong to plan for tomorrow.
- Planning is productive work within today (Proverbs 21:5)

#### **TESTS TO TELL WHEN CONCERN BECOMES WORRY?**

- □ When *concern* controls us rather than our controlling it, it has become worry.
- □ When *concern* causes neglect of other responsibilities and relationships, it has become worry.
- □ When *concern* becomes unproductive, it has become **worry**.
- □ When *concern* negatively affects the body, it has become **worry**.
- □ When *concern* leads to losing hope rather than finding solutions, it has become worry.

### SPIRITUALLY WHAT IS WORRY?

- FROM DR. LARRY THORNTON □ Worry is sin because it is totally unnecessary (Matt. 6:26, 28, 30) God is able to provide and is trustworthy.
- □ Worry is sin because it is unbelief. (Romans 14:23; 2 Peter 1:2-4) Refusal to believe God's promises.
- □ Worry is sin because it is unproductive (1 Corinthians 4:2). We are not good stewards of our energy (Ephesians 5:16)

□ Worry is sin because it is the assumption of God's responsibility (*Matthew* 6:30, 33).

God has the responsibility for tomorrow and its needs. Our responsibility is to trust Him!

# **3 TRUTHS, INFORMATIONAL FACTS I WANT YOU TO SEE:**

## I. What Job's relationship with God was (1:1,8,10; 2:3,10)

- A. God said, "My servant Job"
- B. He operated as a loving Father to his kids (1:2, 5)
- C. He was a wise, successful businessman (1:3) But does he worry?

### II. He was brought to nothing

- A. He was selected to suffer, through no dealing of his own.
- B. Now was Job prepared for all this? Look at his response(s) -

#### (1:20-22)

>> This all leads us to point number III.

### III. What Job feared (worried about?)

- A. Calamity happened
- B. But he learns and experiences God!
  - God's silence *means*, teaches us, to wait and trust: Not worry!!

### CONCLUSION:

- Do you worry?
- Are you casting all your cares on Him?
- The songwriter said: 1. Is there a heart o'erbound by sorrow?

Is there a life weighed down by care? Come to the cross, each burden bearing; All your anxiety-leave it there.

#### Refrain:

All your anxiety, all your care,

Bring to the mercy seat, leave it there,

Never a burden He cannot bear,

Never a friend like Jesus!

2. No other friend so swift to help you,

No other friend so guick to hear,

No other place to leave your burden,

No other one to hear your prayer.

