#### 11/3/2024

## DISTRACTIONS ARE A PART OF OUR LIVES

- Some are expected/ normal
- Legit distractions/ interference – they are a part of our lives
- Are you distracted?
- My concern is not these [legit] distractions.
- But your own distractions, the ones you make, or you allow!

## "THE NOISE OF DISTRACTIONS"

### Luke 10:38-42



#### WHAT ARE SOME DISTRACTIONS YOU MAKE?

- What are the distractions; things that take (steal) your time and attention?
- I wonder how many *like* distractions, or *like* to *make* distractions
  - To make you feel important!
  - To make you feel needed!
  - o To make you feel good!
- Do you have too much going on? Creating distractions.
- Distracting Noise?
  - So that you don't have peace; you have a lot of noise?

# THE NOISE OF DISTRACTIONS; THE RESULTS OF BEING TOO DISTRACTED 4 RESULTS:

- I. We can become prideful (38)
  - A. Wanting to become an exceptional hostess Martha
  - **B.** She injects unnecessary anxiety into the visit Why do we do that?

(circle on other side)

C. Martha demands something done (40)

🖙 Over 🖙

#### II. We can become too distracted

- **A.** Are you too busy?
- B. She was "cumbered about"
- C. Note Jesus' response: (41)

#### III. We can become dissatisfied with others.

- A. Martha wrongly judges Mary's inaction
- **B.** Note the "also sat" in verse 39, meaning that Mary <u>had</u> helped, had done her part.
- C. Martha's attitude *tells* the Lord *what* to do

#### IV. We can make wrong decisions (42)

- A. It was not that Martha was bad, but that she could do better.
- B. Mary's priorities are in order Discipleship was the priority! Is it yours?

#### HOW WILL WE MAKE RIGHT CHOICES?

- 1. Make sure your priorities are in order!
- 2. Make sure we're not filling our life/time with noise!
- 3. Make sure discipleship is the priority! Is discipleship your priority?

#### **CONCLUSION:**

- In our life's active <u>service</u> we must not be anxious and agitated, sulky and dissatisfied with our fellow Christians or with our Master, *and* that we should not busy ourselves to such an extent with outward things that we neglect the quiet worship of the Lord.
- You will have distractions; don't make more.
- And don't let them keep you from discipleship.

